

TREATMENT OF INCOMPLETE ABORTION AND MISCARRIAGE WITH MISOPROSTOL TABLETS

If you are experiencing an incomplete abortion, you can be treated safely and effectively with misoprostol tablets. The tablet can be used in four ways, either by swallowing (oral use), or by placing under the tongue (sublingual use), or by placing on both sides of the cheeks (buccal use) or by placing in the vagina (vaginal use).



HOW TO TAKE MISOPROSTOL TABLETS (oral use)

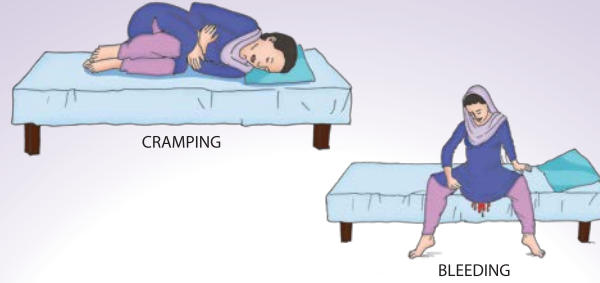
Swallow 3 tablets (600 mcg) with water (Single use).



ORAL USE

WHAT WILL HAPPEN WHEN YOU TAKE THE TABLETS?

Misoprostol causes the uterus to contract. You will have some vaginal bleeding and cramping and you may see blood clots.

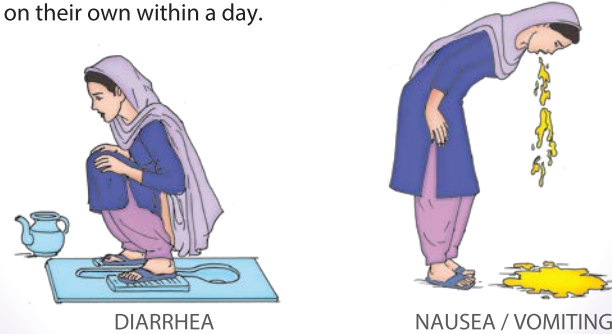


CRAMPING

BLEEDING

MANY WOMEN DO NOT HAVE SIDE EFFECTS

But some women may experience fever, chills, nausea, vomiting or diarrhea. These should go away on their own within a day.



DIARRHEA

NAUSEA / VOMITING



FEVER / CHILLS

ORAL USE

HOW CAN YOU MANAGE THE SIDE EFFECTS?

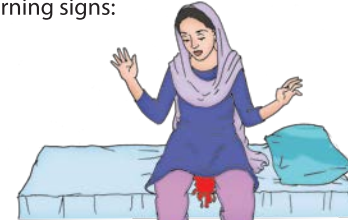
You can take pain medicines for cramps. Fever medicines are rarely needed. Drinking lots of water and getting rest will also help. Most side effects will disappear on their own in a short time.



WHEN SHOULD YOU SEEK HELP FROM A HEALTH-CARE PROVIDER?

You should seek immediate help if you have any of the following warning signs:

!
HEAVY BLEEDING



Heavy bleeding: Soaking more than 2 sanitary pads per hour for 2 hours in a row, especially if accompanied by prolonged dizziness and increased fatigue

!
CONSTANT CRAMPING



Constant cramping and pain that does not get better with medication, rest, or heating pad

!
FEVER



Fever which lasts more than a day or starts any day after the day you take misoprostol. The feeling of being very sick, unusual or bad-smelling vaginal discharge and/or abdominal pain

ORAL USE

WHAT IS THE BEST CONTRACEPTIVE METHOD FOR ME?

You will be able to get pregnant again within 10 days after the treatment of your incomplete abortion. If you would like contraception, it should be started immediately. You can start most methods except IUD at the same time you take your misoprostol tablets.



WHEN SHOULD I COME BACK FOR FOLLOW-UP?

A routine follow-up visit is usually not necessary. If you experience the warning signs or have other concerns, return at any time. If you would like to confirm that the process was successful, you may return in approximately two weeks.



FOLLOW-UP VISIT:

DATE: _____ / _____ / _____

LOCATION: _____

TIME: _____

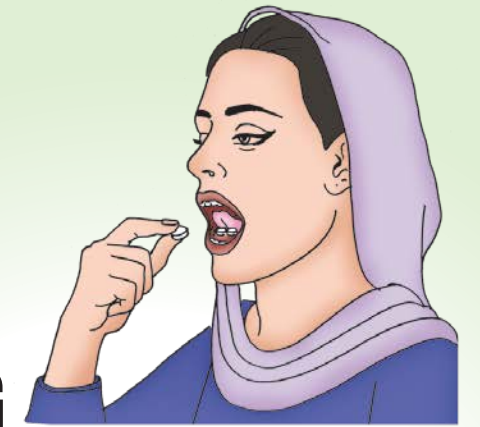
PHONE: _____

ORAL USE

(BUCCAL OR SUBLINGUAL OR VAGINAL - SINGLE USE)



USING MISOPROSTOL TABLETS TO TREAT INCOMPLETE ABORTION



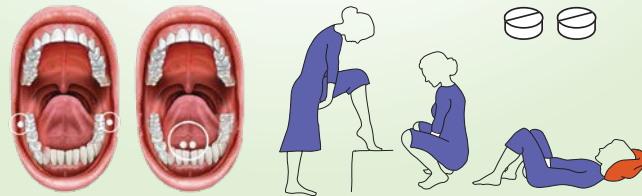
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HOW TO TAKE MISOPROSTOL TABLETS (Buccal or Sublingual or Vaginal - Single Use)

Place 2 misoprostol tablets (400mcg) under your tongue or on both sides of the buccal cavity (1 tab on each side). Keep the tablets until they melt, or for about 30 minutes, then swallow whatever is left. In the absence of vaginal bleeding, place 2 tablets (400mcg) vaginally, keep lying down for 30 minutes.

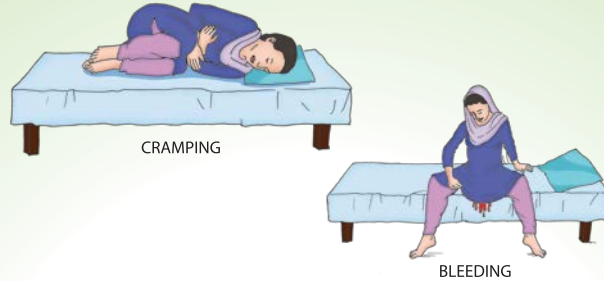


00:30 Positions to place the tablets in the vagina

BUCCAL OR SUBLINGUAL OR VAGINAL - SINGLE USE

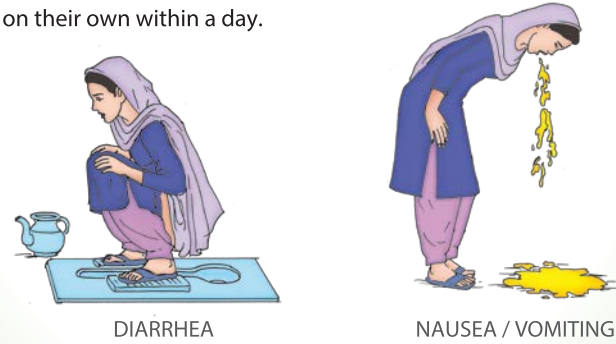
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FEVER / CHILLS

BUCCAL OR SUBLINGUAL OR VAGINAL - SINGLE USE

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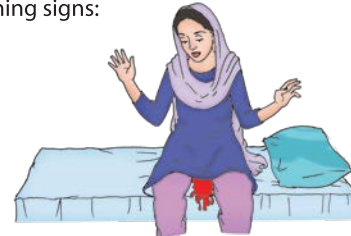


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CONSTANT CRAMPING



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FEVER

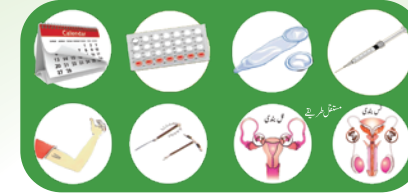


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BUCCAL OR SUBLINGUAL OR VAGINAL - SINGLE USE

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LOCATION: _____

TIME: _____

PHONE: _____

BUCCAL OR SUBLINGUAL OR VAGINAL - SINGLE USE



USING MISOPROSTOL TABLETS TO TREAT INCOMPLETE ABORTION

ORAL USE



Ipas Partners for Reproductive Justice
PAKISTAN